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# 4-H Record

## NATIONAL 4-H CLUB CAMP, WASHINGTON, D. C.

Volume 4

June 24-25, 1941

Number 4

### RURAL YOUTH'S RESPONSIBILITIES IN THE LOCAL COMMUNITY

On Monday morning the panel discussion, led by Mrs. Harriet Johnson, was about the responsibilities we 4-H members can share in our own communities. In discussing world situations, we can be careful not to overdo any subjects. Help those who are unfortunate by explaining the true facts as nearly as possible. Figures show that 40 percent of the boys drafted are unfit for military service. We can do much for the youth of our country by explaining about the foods best for us and the exercise and care our bodies need.

4-H fire patrols have been started in many communities. As many young men have been drafted, we can help in teaching the younger boys about this fire service. We should help everyone to take his due responsibility and always be willing to take part or help out in any way possible. We can do much in promoting the idea of first aid by giving explanations and demonstrations. In Iowa, county and State sport festivals have been held. This helps girls and boys to get acquainted with people from all parts of the State.

All the 4-H members can help greatly if they will cooperate in working for higher ideals of citizenship and better standards of living.

*Mell Miller*

Mell Miller  
Tennessee

The New Jersey delegation beamed with pride when the name of their State was used in the play presented Monday evening. During the course of the play, "Mother" said she was born in New Jersey and was proud of it, because that was the best State anyway. New Jersey really rates.

*Harry Stout*

Harry Stout  
New Jersey

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## WEST VIRGINIA'S FINEST

Fifty musical 4-H Club members, selected at West Virginia's State 4-H Music Camp, came to Washington to entertain the 1941 4-H campers with band and choral music, at a concert given in the United States Department of Agriculture Auditorium Sunday night.

The concert was opened with the introduction of C. H. Hartley, West Virginia club leader; Frank Sanders, band director; Edwin M. Steckel, chorus leader; and Tom Allene Rose, our official hostess from Mississippi.

The first number on the program was a selection presented by the band and chorus combined, followed by a program which the entire audience greeted enthusiastically. The numbers most appreciated by all were: Finlandia, featuring Ruth Strasser, soloist; Gypsy Love Song, a vocal solo by Charles Taylor; Stormy Weather, impressively presented by the band; Ol' Man River, vocalized by Jack Randolph; and our National Anthem, The Star-Spangled Banner, which was accompanied by the band and sung by the chorus and audience.

Such a program shows what 4-H Clubs with talent, initiative, and financial backing can do.

*Lister V. Hall, Jr.*

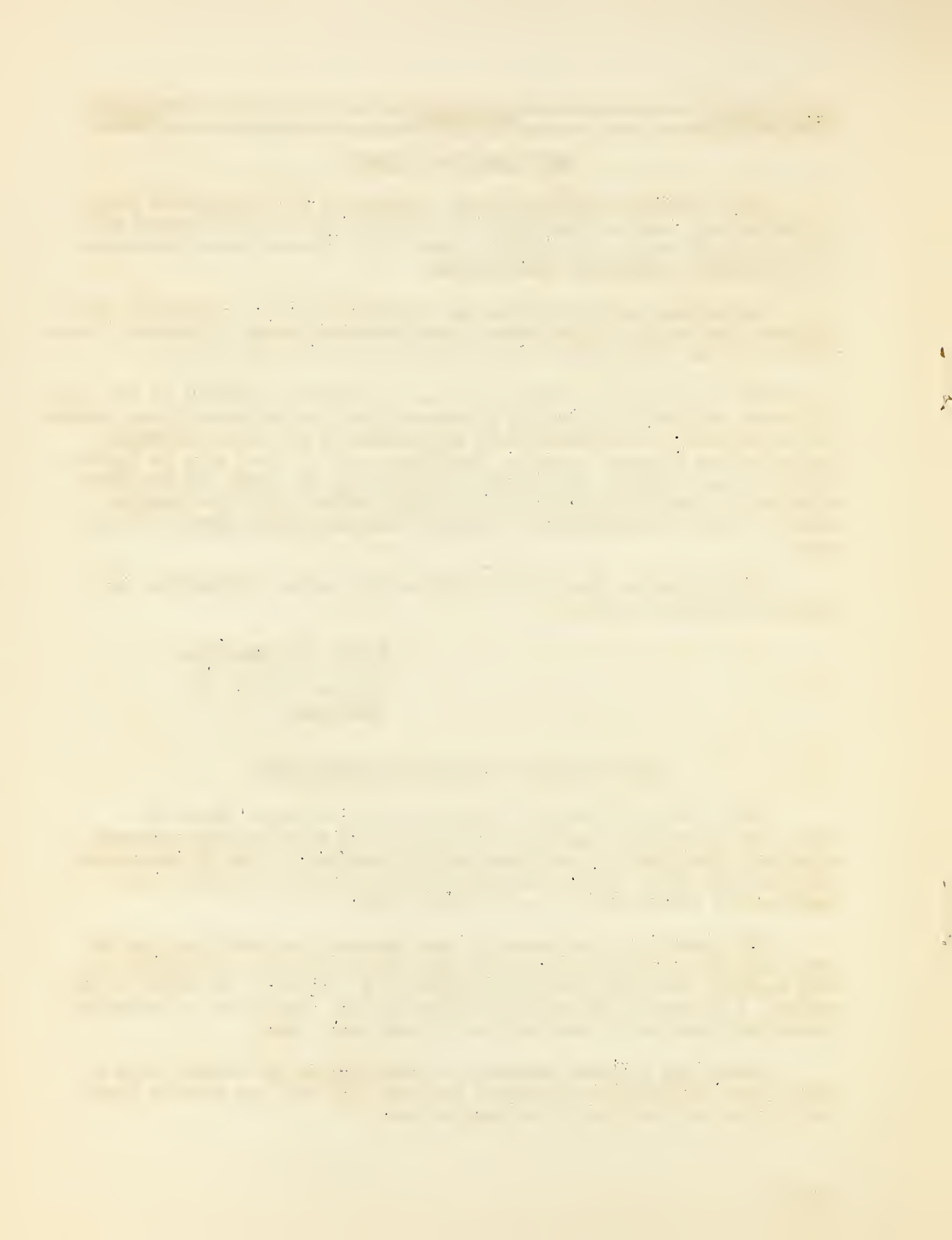
Lister V. Hall, Jr.  
Delaware.

## SUNDAY WORSHIP IN HISTORIC CHRIST CHURCH

Most of the 4-H National delegation went to Christ Church in Alexandria on Sunday, June 22. It is a very old brick building covered with ivy. The church is surrounded with a graveyard. Some of the graves date from the early 1700's. The yard is full of big shade trees and grass and is surrounded with a high metal fence.

The interior of the church is very quaint. To enter your pew you must first open a little gate. This gate is meant to keep out drafts in cold weather. The high pulpit is reached by a stairway. The organ is upstairs. A balcony is on two sides of the church. There are two beautiful chandeliers which were imported from England about 1818.

Before the services started, an usher lighted the candles with a long, brass candlelighter forked on one end. One side was used to light the candles and the other to extinguish them.





The services were very nice. The music was supplied by the choir, organ, and a violin. Worship was opened by a violin solo accompanied by the organ. The choir then walked in, followed by the rector, Rev. Edward R. Welles.

The topic of the lesson was Pride. Rev. Dr. Welles read us Psalm 107 and II Kings 5: 1-14. The thought he emphasized to us was "Pride cometh before the fall." He showed us how there are good kinds of pride and wrong kinds. He attempted to show us the difference between them.

During the offertory a beautiful violin solo, "Dedication," was played.

I'm sure all 4-H delegates enjoyed their trip to Christ Church.

*Tempe Gilbert*

Tempe Gilbert  
New Mexico

#### A ROOTIN', TOOTIN' OHIO FAN

Come quick! Last call for the ball game. Who knows My Wild Irish Rose? Everyone! "Singing, singing, everybody singing as we go."

Well, here's Griffith Stadium and a good crowd. Have you seen Mr. Griffith? Some lucky people are having their pictures taken with him. And still better, there's Bob Feller. Yea, Cleveland! Wish we could see Feller pitch. Let's try to get his picture. Sorry, he's superstitious - but maybe after the game he'll see us.

The game's on! Cleveland looks good. Yes? Those far-flung balls would make dandy souvenirs. Say, what's happening? The Indians are back-sliding. Oh, Ohio! The game's not over yet, though - cross your fingers and hope.

Too bad! The Senators have the Indians scalped - but just wait until Feller pitches. Hop along - home again. Good-bye, and thanks to Mr. Griffith for giving us such a royal treat.

*Emily Benson*  
Emily Benson  
Ohio





DR. RUSSELL M. WILDER, of the Mayo Clinic, Rochester, Minn., and Chairman of the Food and Nutrition Committee, National Research Council, talked to the National campers, Monday morning, at assembly on "Nutrition or Good Food."

Dr. Wilder emphasized the necessity of eating a variety of foods to provide the required energy needed for the body. There is no perfect food. Milk contains more food value than any other one food but still is not perfect. Since this is true, it is necessary that one have a balanced diet. One half of our protein should be animal protein.

Dr. Wilder pointed out that we eat too many soft foods instead of eating roughage. He illustrated this by giving the story of the English and German Armies. He said the success of the German Army is largely due to the eating of roughage. More brown bread should be eaten. Thiamin has been added to white bread, and we know it is an "enriched bread," but it still does not serve the purpose that brown bread does.

Vitamins, Dr. Wilder stated, are extremely important, as they are a great factor in preventing certain defects and diseases of the body. For endurance, all vitamins are needed. He illustrated this by the pyramid as follows: Base - protein, energy, calcium, and iron. Side walls - A- B- C- D vitamins.

Three square meals are needed each day with no so-called "piecing" in between. Stop the soft drink habit, as it has the ultimate effect of alcohol.

In conclusion, Dr. Wilder stated that America must learn its lesson. In the days that lie ahead we must be calm, well-disciplined, courageous men and women with strong bodies. Just to be brave is not enough.

*Nellene Staub*  
Nellene Staub  
West Virginia

The winners of the 1941 NATIONAL 4-H FELLOWSHIPS, John W. Pou of North Carolina, and Erna Ruth Wildermuth of Arizona, were delegates to the 1934 National 4-H Club Camp. Miss Wildermuth, now home demonstration agent of Curry County, N.Mex., says, "To me the greatest achievement that a club member may earn is the privilege of attending National Camp. The contacts I made when I was a delegate to the 1934 Camp have been a great inspiration to me and have stimulated my desire to continue to cooperate with the 4-H program. The camp theme, 'Cooperation,' made me realize the importance of club members working together with their parents, club leaders, and county agents."



## ONE OF GEORGE WASHINGTON'S DREAMS

The National 4-H Club Camp delegation went to visit the Washington Cathedral, Wednesday, June 24. This was one of George Washington's visions when he mapped out the plan for our Nation's Capital.

We were informed ahead of time that the Cathedral was not yet completed, but even so, we expected to drive up to something quite picturesque. It is needless to say that we were slightly skeptical when we saw the crude wooden structures that cover most of the outside of the building. That first impression, however, did not last more than 10 minutes. As I entered the Cathedral and walked up the aisle, the magnificence and splendor of it overwhelmed me. Never before in all my life have I seen anything that man built, that is as beautiful as the Washington Cathedral. The vertical lines of the walls lead the eye upward to the Angle Choir, which is carved of stone.

In Bethlehem Chapel, the largest of the seven chapels of the Cathedral, our guide was introduced to us. He told us that the Washington Cathedral represents more than just stone, glass, and wood -- it represents the faith of the American people.

The Cathedral is being built in the form of a huge Latin cross, in true Gothic style. The structure is supported by no steel whatsoever; the strength is in the weight of the stones.

The four pillars that support the tower have a diameter of 25 feet each.

The Dean, Very Rev. Noble C. Powell, then led us in a brief prayer service, after which we continued our tour through the six smaller chapels of the Cathedral.

The Cathedral is being built, and is supported by individual donations. We left the Cathedral, inspired to a greater faith, and hoping that some day each of us can return to see the completed edifice.

*Wilma Hamm*

Wilma Hamm  
Oklahoma

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#### 4-H HANDICRAFT SHOWS ARTISTRY AND SKILL

To get an idea of the many activities and projects that 4-H Club members carry on, one must visit the 4-H EXHIBIT in the patio of the Administration Building of the United States Department of Agriculture. The exhibit is there for the purpose of displaying in many clever ways the skills of 4-H boys and girls in different sections of the country.

This exhibit presents the story of our 4-H Clubs, the progress made by the clubs, and the high standards that 4-H sets for rural youth the country over. The "Life Treasure Chest" is an excellent example of this standard of loyalty, dependability, thrift, perseverance, work habits, leadership, cooperation, and integrity.

In these times we cannot turn without hearing of National Defense. The 4-H Clubs are also helping in this defense. We are building a strong nation by planning and providing the proper food for the younger as well as the older generation. This food is selected with nutritional value and vitamin content in mind. By planning and budgeting a wardrobe we are kept adequately clothed, and by care and upkeep of our home we are satisfactorily sheltered. Not only in this way are we keeping the democratic standard high but through club meetings, and county, State, and National camps and conferences, we are taught the democratic way of thinking.

Leadership, cooperation, instruction, and recreation are all practiced in club work. Thus, the 4-H Club members of today may go out and face the world with an intention of making the best better.

*Marion Woodward*

Marion Woodward  
Connecticut

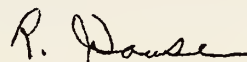
During one of our assembly programs we had as our guest speaker, HON. WRIGHT PATMAN, Representative from Texas, and a veteran of the World War. He is also author of the bulletin, "Our American Government."

In his talk he gave suggestions on our RESPONSIBILITIES AS 4-H CLUB MEMBERS. He brought out the importance of parliamentary procedure in this democratic Nation. He said that the rules of order are weapons to protect our freedom.





Representative Patman emphasized the tragedies of war, saying, "The tragedy of destruction in Europe is not what happens to buildings and homes, but what happens to men..... When men are degraded, it may be generations before the damage is undone." Although he said that our National debt is increasing, our country is very wealthy in resources. "Agriculture," he said, "has a brighter future today than at any other time in the history of our Nation. Congress ... has provided for the first time in history the payment of parity prices for farm products."



Richard Douse  
Vermont

#### ANOTHER DISTINGUISHED VISITOR

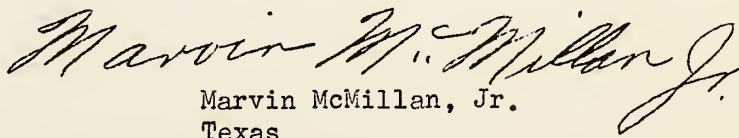
The National 4-H Club delegates were greatly honored Tuesday morning by a visit from Fiorello H. La Guardia, Mayor of New York City, and Director of the Office of Civilian Defense. He spoke to us briefly at the close of the 4-H Citizenship Ceremonial, and invited the club delegates to meet in his city sometime, so that the rural youth might become acquainted with the boys and girls of New York City.

He pointed out how grave the situation is that we are facing to-day, but said that we need not be afraid of any Nation in the world if we continue to train our men, women, and youth to protect our land. We have learned from the English that people must be disciplined to carry on home defense and to avoid panic in times of emergency. Fire forces must be established, instructions in first aid and canteen work given, and field hospitals must be built.

Mayor La Guardia also pointed out that farm homes and communities will not be in such danger from air attacks because of the great area that they are spread over. However, they must be prepared in case of a "stray attack." The greatest duty of the farm people will be to provide food; prepare themselves for emergencies by gaining a complete knowledge of first aid and be familiar with their individual sections so they can direct transportation of injured people.

To keep our liberty we must have economic security, and to have this we must solve such problems as surpluses and unemployment.

The Mayor's talk closed with a forceful appeal for the 4-H members to "Keep your Heads clear, your Hands busy, your Hearts pure, and your Health perfect."



Marvin McMillan, Jr.  
Texas





## WASHINGTON YOUTH ENTERTAINS

Rain didn't dampen the spirit of the youth of Washington, D. C. Despite a heavy rainstorm, we were entertained royally by various youth organizations, on Monday evening. Promptly at 7:45, the curtain went up, and on the stage were seated attractive girls in crisp white dresses, and handsome boys in white trousers and blue jackets - the Chevy Chase Community Orchestra.

Following this inspiring concert, our own Miss Ella Gardner led us in group singing, as only Miss Gardner, with her great enthusiasm and pleasing manner, can do.

Greetings from the young people of Washington were given by Blanche Hendrickson of Southwest Recreation Center. Response was made by our able master of ceremonies, our fellow camper, Sam Gwinn of West Virginia.

Pretty maids in colorful gowns presented a number called "Tell Me, Pretty Maiden." Then followed a series of skits. Judging from the applause, the humorous interpretation of Romeo and Juliet was one of the favorites. Last, the Pierce Hall Players presented a play. Even though they used no scenery, the play was greatly enjoyed by all. This ended a most delightful evening. I am sure that all the 4-H'ers enjoyed the program presented by the youth of Washington, D. C.

*Muriel Salley*  
Muriel Salley  
Massachusetts.

Amid the strains of music by the orchestra from the U. S. Marine Band, the delegates and leaders danced, as the climax of the week approached. Outside in the court of the Chamber of Commerce building, where the NATIONAL 4-H CAMP PARTY was held, gypsies predicted the future of the 4-H members while in another room folk games were under way. As the punch grew colder and weaker, the good time increased. Refreshments carried out in the motif of the 4-H emblem, climaxed the evening. "Why couldn't we have danced longer?" was the only complaint of a glorious evening.

*Lorraine Anderson*  
Lorraine Anderson  
Illinois



SHHH! WE'RE ON THE AIR. "The National Farm and Home Hour comes to you from the United States Marine Barracks in Washington, D. C.," said the N.B.C. announcer. America, the Beautiful was played by the Marine Band, under the artistic direction of Captain William H. Santelmann. We noticed that the band was dressed in black and white, the same as our boys. Some of us were a little disappointed not to see them in their impressive gold-braided uniforms. But judging from the hot weather, we could readily understand.

Before the program was broadcast, Captain Santelmann welcomed us and told us he was an honorary member of the 4-H Club organization. He praised us highly as 4-H Club members and congratulated us on winning the trip to National Camp. He invited us to visit the Marine Barracks at any time.

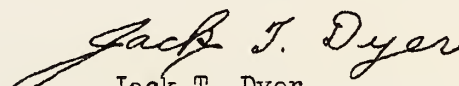
Ray Turner, our associate camp director and representative on the Farm and Home Hour, chose as the first selection, Perpetual Motion, by an Italian composer. The clarinet section of the band carried the theme at the rate of 900 notes a minute. Then followed Dance of the Fisher Maidens, by a German composer. From the opera, Rip Van Winkle, by an American composer, we heard Revolutionary Fantasy. We could all detect the prominence of Yankee Doodle throughout this composition.

A surprise feature of the morning was an address by the Hon. Henry Morgenthau, Jr., Secretary of the Treasury. He told us that he has three children at his home in Dutchess County, N. Y., whom he encourages to be 4-H Club members. He pointed out that the American farmer has the greatest stake in the present crisis. We have much to defend and we must defend it well.

I am sure that we 4-H members will have greater appreciation than ever before of our Government officials, since we realize they are so much interested in us.

Following the pause for station identification, we heard The Loyal Legion March, by John Philip Sousa, who was formerly a conductor of the Marine Band. We adjourned after the Star-Spangled Banner.

I think the concerts of the world-famous Marine Band and the West Virginia 4-H Band were alone worth our trip to Washington.

  
Jack T. Dyer  
Florida



## WE SAID DOWN THE POTOMAC

## TO VISIT A NATIONAL SHRINE

A trip to MOUNT VERNON is a most fitting conclusion of a visit to the Nation's Capital. This famous old colonial home of our first President is familiar to practically all Americans. It should be one of life's ambitions to be able to say, "I have paid tribute to the greatness of Washington and to my country by visiting Mount Vernon."

The home and resting place of George Washington is located 16 miles south of Washington, D. C., overlooking the Potomac River. The house is a fine example of colonial architecture and is built of wood cut and painted to resemble stone. The outbuildings lie to the sides and rear of the mansion, and there are beautiful lawns and gardens sloping down to the river.

The property is owned by the Mount Vernon Ladies' Association, an organization of patriotic women through whose efforts it is being preserved as a shrine for future generations of America.

Thus, on the closing of National 4-H Club Camp, 173 young men and women representing 43 States and Alaska, paid their respects to this great American and to their country as a whole visiting the home of "The Father of Our Country."

As we stood before the tomb that serves as a resting place for the remains of this gallant soldier, our hearts were filled with pride for this great privilege. As we returned to Camp, each 4-H delegate could resolve, in his own right, always to uphold and cherish the principles for which this great leader had lived and died.

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The 1941 Camp came to a close, Wednesday, June 25. Around a campfire we had songs and games and the traditional candlelighting ceremony.

As Camp broke up after the last event, the tired delegates scampered to their tents to pack for the trip back home. But none were too busy to be grateful for a glorious week and to have songs of praise in their hearts for members of the Federal Extension staff, State leaders, and all who had made this week such a precious memory.

Good-bye, all.

*Sam Gwinn*

Sam Gwinn  
West Virginia







CANDLELIGHTING CEREMONY  
15th NATIONAL 4-H CLUB CAMP-1941  
"RURAL YOUTH'S RESPONSIBILITIES"

DIRECTOR WILSON

You have counseled together for a week, considering your rights and responsibilities as citizens.

You have talked about the privileges that are yours as young Americans.

You have faced the fact that our country has great needs in this rapidly changing world. You have discussed some of the ways in which youth may meet these crises.

You have made it clear by your statements that you realize that both the exercise of privileges and the acceptance of duties are necessary for the full development of a citizen and of the country.

I, therefore, charge you, young men and women of the 15th National 4-H Club Camp, to declare your rights and responsibilities and to symbolize with fire the inspiration that you have found here in your Nation's Capital.

DELEGATE

No. 1

As an American citizen and a 4-H Club member, I am responsible not only for keeping myself at my best as a clean, healthy citizen but also for helping to improve life in my home and in my community.

DELEGATE

No. 2

As a citizen of the United States and a 4-H Club member, I would train myself to think accurately and to search for the truth.

DELEGATE

No. 3

The 4-H Clubs are and always have been little democracies at work. In these days of stress I want to make my club stronger. I want to help every boy and girl who will join us to find friends and work, fun and opportunities for service. I consider this one of my duties as an American citizen and a 4-H Club member.

DELEGATE

No. 4

As an American citizen and a 4-H Club member, I must be tolerant and just - unselfish, and willing to see various points of view. I give time, thought, and effort to helping others.



DELEGATE

No. 5

I shall return from this camp with an increased appreciation of the importance of home. I have a new respect for the part every member plays in making a real home. I have a new vision of the preciousness of home life.

DELEGATE

No. 6

As an American citizen and a 4-H Club member, I am aware of my heritage of free speech, a free press, and free religious choice. I aim to do everything in my power to protect the heritage and to pass it on to those who will come after me.

DELEGATE

No. 7

I know that it is my duty to vote intelligently and for the right and I intend to fulfill this duty but I realize now that my duty may be more than this. I may have to hold office. I may have to campaign for the things I believe necessary and right. And this I intend to do.

DELEGATE

No. 8

As a 4-H Club member, I have known for a long time the importance of planning for an adequate food supply, and of the necessity for conserving soil and forests. This week I have learned also the need for conserving material resources and human energies not only for my family and my country but for the whole wide world.

DIRECTOR WILSON

It is evident that you realize that we are now facing a crisis in national and world affairs. 4-H Clubs are vital in meeting this need. They can and will adjust to changing times. Go forth now and share with others the light and faith that you have received.

CHORUS

"The Vision."

PROCESSIONAL

CHORUS

"Follow the Gleam."

DIRECTOR WILSON

Raise your candles and repeat with me the club pledge.

ALL

"I pledge my head to clearer thinking,  
my heart to greater loyalty,  
my hands to larger service,  
and my health to better living,  
for my club, my community, and my country."



DIRECTOR WILSON

With this pledge on our lips and renewed faith  
in our hearts, let us extinguish our candles and sing  
"Taps."

ALL

"Day is done,  
Gone the sun  
From the lake,  
From the hills,  
From the sky.  
All is well,  
Safely rest,  
God is nigh."

\* \* \* \* \*

#### ODE TO THE 4-H CAMPER

Blessings on thee, model 4-H Camper  
Who did nothing to mar or damper  
A week of perfect fun.

After Camp got under way  
We heard Camp officials say:  
"All tents were ready for inspection early,  
Their flaps were closed against the rain, securely.  
All waste was put into cans most neatly,  
Clothing hung properly in places discreetly,  
Tent ropes were not used for drying clothes."

WHERE BETTER CAMPERS GROW - NOBODY KNOWS.



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